



CENTENARY Chronicle

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PRINCIPAL

As you may be aware, our school Principal, Jo Hughes, departed our school this week to accept the challenging role of Executive Principal at Calamvale Community College. I would like to take this opportunity, on behalf of our school community, and myself personally, to thank Jo for all of her hard work, guidance and leadership at Centenary SHS over the last 3 years. Jo's departure is a massive loss for our school and she will be sorely missed by all members of our school community. We wish Jo all the best and we know she will have a positive influence at her new school.

I will be Acting Principal until the end of the term. My aim is to ensure minimal disruption and distraction in this transition period, while continuing to build on the success in our key areas of Pedagogy and Positive Education.

Please get in contact if you have any questions or concerns.

Adam Richter, Acting Principal

To read newsletter in full view, please click on the "Newsletter Print Version" button on the top left-hand corner of the screen.

DEPUTY PRINCIPALS

Celebrating NAIDOC Week at Centenary: Keeping the Fire Burning – Blak, Loud and Proud

This year, Centenary SHS proudly celebrated NAIDOC Week with the inspiring theme "Keep the Fire Burning – Blak, Loud and Proud," honouring the enduring strength and vitality of our First Nations culture. Fire, a powerful symbol of connection to Country, to each other, and to the traditions that define Aboriginal and Torres Strait Islander people, was central to our celebrations.

Australian Aboriginal Performing Artist Eckybow – descendant from the far north New South Wales Kamilaroi tribe and the Northern Territory Warramunga tribe, performed a powerful smoking ceremony and filled the air with the sounds of didgeridoo. Eckybow's long association with our school has been a source of pride and has provided a deeper understanding and appreciation of First Nations' music and culture to our community.

A highlight of the celebration was the heartfelt speech delivered by our First Nations Captain, Sophie, who shared her personal reflections on this year's NAIDOC theme, emphasising the importance of preserving and celebrating First Nations culture and identity.

The Centenary SHS choir captivated the audience by delivering a moving performance of "Yuggera Djarra-Na" and The Brown Snake". Thank you to Mr Clifford and Ms Stenlake for leading and accompanying the choir so beautifully.

Thank you also to Ms Hughes, Ms Jess Pugh MP and Councillor Sarah Hutton who contributed to the speeches, making our NAIDOC event a memorable and meaningful celebration.



As part of our NAIDOC Week celebrations, Centenary SHS hosted an engaging lunchtime craft activity that brought students together to honour and appreciate First Nations culture. Students painted their own boomerang using traditional colours and patterns which allowed them to explore and appreciate the rich artistic traditions of Aboriginal and Torres Strait Islander people. This experience not only fostered a greater appreciation for First Nations traditions but also encouraged students to express their own interpretations through art.



Library staff have curated a beautiful new collection of Indigenous resources showcasing both fiction and non-fiction titles, which were on display during NAIDOC Week. The new books were purchased with funding received earlier this year through the Indigenous Languages Grant. This initiative highlights the importance of Indigenous voices and stories, offering students and staff a valuable opportunity to engage with First Nations literature.



New outdoor furniture is providing students with an inviting and vibrant space to sit, eat and enjoy the winter sunshine during their breaks. The locally made furniture adds a cheerful touch and is already a popular spot for students to make the most of their time outside the classroom.



Moral Purpose

The new term is always a good opportunity for everyone in our community to remember that our Moral Purpose is a shared statement about what we value at Centenary SHS: to foster positive relationships so all learners can flourish and feel a strong sense of belonging.

It is important to remember that our Moral Purpose emphasises that 'all learners can flourish' and this means not only our students, but staff and parents/carers as well. That is why establishing and maintaining positive and productive relationships between school and home is such a critical ingredient to achieving excellent wellbeing and learning outcomes for our students.

Our Moral Purpose is the central focus of our [Wellbeing Framework](#), which articulates a strengths-based approach to learning and wellbeing. There are many ways that we can all aspire to advocate for a strengths-based approach such as:

- Possessing and championing a growth mindset
- Understanding that learning can take place during times of difficulty and challenge (it is okay to be in the 'learning pit')
- Recognising and playing to our top character strengths and demonstrating unconditional positive regard for our students.

The recent release of Semester 1 reports provides an opportunity to adopt these strengths-based strategies. We encourage you to discuss your student's report card through the dual lens of what are your student's strengths and successes, as well as what they can do to improve in terms of their grades, effort and behaviour.

Queensland Engagement and Wellbeing Survey

Centenary SHS students participated in the [2024 Queensland Engagement and Wellbeing Survey](#) (QEW) last term which seeks to gain a better understanding of the wellbeing and engagement of our students and how we can best support them. It is affirming to note that in the 2024 QEW survey, our global data (Years 7 – 12) shows that our three strongest indicators of wellbeing are

1. Peer relationships
2. Safety
3. Social awareness

Both peer relationships and social awareness reflect two elements of our Moral Purpose: positive relationships and sense of belonging. Our data informs us that our students are successful in developing positive relationships with their

peers and having an awareness beyond themselves for others.

We are delighted to see that our students regard safety as a strong point of wellbeing at our school. Our expectations of student conduct are grounded in the primacy of facilitating a safe, supportive and inclusive learning environment. We know that if our students are feeling safe, they have a more conducive environment for learning and as such, can become learners who flourish.

School expectations about behaviour

The start of a new term is also timely to reinforce our behavioural expectations in accordance with the [Student Code of Conduct 2024-2027](#). At Centenary SHS, we believe in a holistic approach to the support of positive student behaviour. This involves comprehensive behaviour and wellbeing support systems across the school for all students.

Our Wellbeing Framework outlines staff, structures and processes aimed at supporting student wellbeing and the student journey from junior to senior school to graduation:

- Teaching staff
- Leadership staff: HG teachers, Year Level Coordinators, Heads of Department, Junior and Senior School Teams, Deputy Principals and Principal
- Connections staff: Guidance Officers, School Psychologist, School Nurse, School Chaplain, Betty the Happiness Hound
- Inclusion Team: Teacher Aides, Advocates, Deputy Principal – Inclusion
- International Program staff
- Non-teaching staff: Administrative Staff, Grounds Staff
- STYMI – anonymous harm reporting tool
- Growth Cards – strength-based, goal-orientated approach
- Learning support: Homework Hub, DIAL (Drop In and Learn) – supporting diverse learners

School expectations about mobile phones

As you know this year Centenary SHS along with all state schools have implemented the new 'phone away for the day' policy. The purpose of this approach is to:

- Reduce distractions in the classroom

- Increase face-to-face interactions between students
- Promote student health and wellbeing
- Reduce the potential for student exposure to negative impacts of the digital world, such as cyberbullying.

The school expectations as outlined in the [Mobile Phone and Wearable Device Policy](#) are that every student must place their mobile phone in their locked security pouch upon entering the school grounds. Students then place this security pouch on their desk in each class (except specialist classes such as Manual Arts and HPE). The security pouch is regarded as school property and students are responsible for maintaining their issued pouch and ensuring a replacement (at a cost of \$15.00) if the pouch is lost or damaged.

School expectations about uniform

The colder weather has also introduced more challenges with meeting our uniform expectations. We need to remind parents and carers that students are not permitted to wear hoodies at school. Our [2024 Student Dress Code](#) stipulates 'winter accommodations' as follows:

"In the colder winter months, students may elect to wear a plain white fitted t-shirt under their uniform shirt for extra warmth. On very cold days when a student will not be removing their jacket/jumper, a long sleeve white t-shirt may be worn. At all times, when layering for warmth, the final layer needs to be the school jumper or the tracksuit."

Our Uniform Convener advises that there are plenty of jackets and lots of scarves, however, track pants are low on sizes 14 and 16, and currently size 12 is not in stock. The next order should be arriving towards the end of this term. We thank parents and carers for their support in ensuring our students diligently follow uniform expectations at school.

Vehicle Use

Please remind your young people who drive to school that the safety of self and others should be considered at all times. Students are permitted to park in the Yallambee Road carpark only and must move directly into the school grounds once parked. This is not an area to congregate and block other vehicles or pedestrians from using the area safely.

Year 13 Interviews

Most Year 12 students have now registered for their very important Year 13 interview. This 20-minute mentoring session is an opportunity for students to check their QTAC applications and/or seek support for applying to TAFE or other pathways in 2024. The interviews will be conducted during the Student Free Day on Friday August 30th or during Weeks 9 & 10 Mock Blocks. Students will nominate a member of staff to conduct their interview and scheduling will begin as soon as all students have registered.

Students who have not yet registered can find the link in their email from Ms Raven.

QTAC

Please note that students can begin applying to QTAC on Thursday August 1st, 2024. Please refer to QTAC's amended due dates from the link below.

[Click here for more information](https://www.qtac.edu.au/key-dates/)

<https://www.qtac.edu.au/key-dates/>

Key Dates
QTAC Application for the 2024/2025 admission period open Thursday 1 August 2024.
2024 ATAR Release
Fixed Closing Dates
Offer Round Information
2024/2025 Offer Round Dates

QCAA Portal (Years 11 & 12)

Students in Years 11 & 12 should have registered their account with the QCAA to access their personal learning records. The portal is a space where students can track their progress towards achieving their QCE. It is available from the myQCE page on the QCAA website: <https://myqce.qcaa.qld.edu.au/> and provides an up-to-date record of their banked results from Internal Assessments.

Any student who has not yet registered their account, or who may have forgotten their password, should see Ms Raven or Ms Nolan for assistance.

Year 12 Confirmation of Results

Congratulations to all Year 12 students on the successful completion of Internal Assessment 2. Confirmed results are

now available in the student portal. All Year 12 classes are working toward the third Internal piece of assessment and will be forwarded to the QCAA for confirmation through a sampling process. Once results are confirmed by the QCAA, they will appear in student learning accounts at the start of Term 4, providing students with an accurate result out of 50 or 75 before they begin the External Exams (21.10.24 – 12.11.24).

Those students with outstanding work or those who may require interventions to gain the QCE will be required at school during the Mock Exam weeks and over the External Exam period. These students and their parent/s or caregivers will be notified directly.

Year 12 Mock Exams (Weeks 9 & 10 Term 3)

Integral to student success in the External Examinations is our school's exposure through the Mock External Exam process in Weeks 9 and 10 of Term 3. Most General subjects will have one assessment paper, however Mathematics and Sciences subjects will have two assessment papers. Mock exams build familiarity with exam formats and expectations, and include multiple choice questions, short response questions, or an extended response task. Students should also be familiar with [The External assessment equipment list \(PDF, 175.3 KB\)](#) which contains information about the approved equipment for all assessments, including calculators, student devices, subject-specific equipment and prohibited items.

Preparing for the External Assessments (Year 12)

As we move into the final few weeks of face-to-face learning, it is vital that students are managing their preparation for the exams in October and November. An updated version of the timetable is available from the [QCAA website](#). All students undertaking General subjects have access to the [Atomi learning program](#), which offers online learning and assessment preparation across most subject areas. We strongly urge our Year 12 students to take advantage of this very powerful learning and preparation tool. Further information regarding External Exam preparation can be found at: <https://myqce.qcaa.qld.edu.au/external-assessment.html>.

Year 11 Exam Block and Tracking Process

Year 11 students will be undertaking their end of Unit 2 Exam Block in Week 2 of Term 4. Importantly, students should be reminded that Unit 2 assessment will reflect the types of assessment they will be undertaking at the end of Unit 4 in 2025 and utilise the exam preparation tools (ie [Atomi learning program](#)) provided by their subject teachers. Students who wish to make subject changes at the end of this assessment period must do so before beginning Unit 3 work. As Unit 3 and 4 are paired, no further subject changes can occur after this date.

We look forward to a positive and successful term for our students in partnership with parents and carers. Please let us know if you have any questions or concerns and thank you in advance for your support in Term 3.

Deborah McIntyre, Deputy Principal (Inclusion, EALD)

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Brooke Davis, Deputy Principal (Year 7)

Email: bldav0@eq.edu.au

Angela McKay, Deputy Principal (Year 8)

Email: amcka18@eq.edu.au

Matt Smith, Deputy Principal (Year 9)

Email: rsmit925@eq.edu.au

Cameron Webb, Deputy Principal (Year 10, ATSI)

Email: cwebb2@eq.edu.au

Amiee Nolan, Acting Deputy Principal (Year 11)

Email: axnol0@eq.edu.au

Ange Raven, Deputy Principal (Year 12, QCE)

Email: arave7@eq.edu.au

BUSINESS MANAGER

QParents

We are excited to announce that our school has transitioned to electronic consent via the QParents app.

For all excursions, incursions, and camps, consent can be provided through the QParents app. In the interim,

teachers will email an electronic version of the consent form, together with the excursion letter, to families who do not have QParents access. This will continue until all families are registered with QParents. Consent can be given either through the QParents app or by returning the emailed consent form (you don't need to do both).

Payment and consent must be received by the due date of the excursion, incursion, or camp. If both payment and consent are not received, your student will not be able to attend.

If you do not have access to QParents, please email QParents@centenaryshs.eq.edu.au for assistance with registering. There is also a registration information sheet that can be accessed below.

 [Click here to download the QParents flyer](#)

Fees Due

Just a friendly reminder that all fees for the 2024 calendar year were due July 31st, 2024. An overview of all fees and charges is available on our website, www.centenaryshs.eq.edu.au (search Fees and Charges). These documents provide detailed explanations of Curriculum Charges and Student Resource Scheme fees by subject.

Please note that some subjects are only timetabled each term or semester. For these subjects, invoices will be generated as needed, with an email notification sent to parents/carers. For invoices generated after the due date, a 30-day account will apply.

Debtor Statements / Outstanding Fees / Credits on Student Accounts

Once a month, our Accounts Receivable Officer generates a "Debtor Statement". This statement is a summary of the fees and/or credits on your student's account. If there are no fees due or credits applied, you will not receive a statement.

- **Outstanding Fees:** Are indicated by a positive \$ amount on the statement.
- **Credits:** Are indicated by a negative \$ amount on the statement. Credits can be applied to any outstanding fees.

Approximately 10 days after Debtor Statements are

issued, credits will be applied to the oldest outstanding fee. **If you do not wish for this to occur**, please contact our Accounts Receivable team by emailing accounts@centenaryshs.eq.edu.au or by calling (07) 3373 4555 (press 5).

How to pay an Invoice / Debtor Statement

Payments can be made via BPoint, QParents, or over the counter with cash or EFTPOS (Debit Card, MasterCard, or Visa). BPoint and QParents options allow parents/carers to make payments from home, reducing the need to pay in person. For more information about QParents, please refer to the school's website.

- **BPoint Option:** BPoint is our preferred online payment method. Access is through www.bpoint.com.au/payments/dete using the Customer Reference Number (CRN) printed on your invoice/statement. When accessing the BPoint weblink on individual invoices, all relevant information will pre-populate. Parents/carers only need to enter their credit or debit card details. BPoint is also available by dialing the 1300 number provided on invoices for credit card payments.
- **Payment Plans:** A Payment Plan is a payment option allowing an eligible debtor to pay off outstanding fees by making regular, fixed amount payments until the total outstanding amount is paid. Payment plans are generally for SRS and subject fees only. Eligibility and activation are organised by the Accounts Receivable Officer in consultation with the Department. This is an automated process once activated. To set up a payment plan, please contact our Accounts Receivable team by emailing accounts@centenaryshs.eq.edu.au or by calling 3373 4555 (press 5).
- **Counter Payments:** Payments can be made at the school office, Monday to Friday between 8:00am and 4:00pm. Payment options include cash, credit, and debit cards (EFTPOS). Note that from 2018, schools can no longer accept credit card payments over the phone.

- **QKR!:** We offer the convenience of paying via QKR! for tuckshop online orders and non-invoiced school purchases. This secure and easy-to-use app reduces the need to send cash to school and automatically generates receipts. The QKR! app can be downloaded for free from the Apple App Store or Google Play. The QKR! 'How-to' Guide, available on our website, explains how to download the app, register, and make payments.

Student Refunds

If your student misses an excursion, incursion, or camp you have paid for, you have three months to request a refund. Refunds are subject to conditions outlined on the Refund Form, which is available on the school's website. To apply for a student refund please download the form from our website or email accounts@centenaryshs.eq.edu.au.

Parents/Carers Experiencing Financial Difficulties

Parents and carers experiencing financial hardship are encouraged to contact the Business Manager to discuss how to meet their financial obligations or negotiate alternative arrangements. All discussions will be kept strictly confidential. Please do not hesitate to contact Karyn by calling (07) 3373 4555 or email bsm@centenaryshs.eq.edu.au.

Student Absence

If your student will be absent for the day or a period of time, please inform the school as soon as possible using one of the following methods:

1. Send an SMS to 0427 241 881
2. Email absences@centenaryshs.eq.edu.au
3. Call (07) 3373 4503
4. Use the QParent App

All the best for a great Term 3!!!

Karyn Lord, Business Manager

Email: klord25@eq.edu.au

CONNECTIONS

Gayle Rausch has returned to the Connections

team and will be primarily working with Years 10 and 11. *Sandi Wright* will continue with Years 8 and 12 and *Nicole Trembath* will continue with Years 7 and 9. Sometimes the team works with other year levels as well.

You may have also noticed the work outside our Connections Building. This is our Connections garden. Work began during the recent school holidays and will take approximately 6 weeks to complete.

Chappy Emma has moved to a fantastic space in JS06 and she welcomes all and has some fantastic games, activities and a chill space. Drop in and see her!

As we navigate through the heart of the school year, it's essential to take a moment to focus on our mental well-being and explore strategies that promote a healthy and balanced lifestyle. Please see below for strategies for your mental health, self-care, sleep and navigating social media.

Mental Health Strategies

Maintaining good mental health is crucial for academic success and overall well-being. Here are some strategies to help you stay mentally resilient:

1. **Mindfulness and Relaxation:** Take time each day to practice mindfulness exercises or deep breathing. These simple techniques can reduce stress and improve focus.
2. **Seeking Support:** Remember, it's okay to ask for help. Whether it's talking to a friend, family member, or our school Connections team, reaching out can make a big difference.
3. **Balancing Responsibilities:** Prioritise tasks and break them into smaller, manageable steps. This approach can reduce feelings of being overwhelmed.

Self-Care Strategies

Self-care involves activities and practices that help you maintain your physical, mental, and emotional health:

1. **Physical Activity:** Aim for at least 30 minutes of exercise most days of the week. It's a great way to boost your mood and energy levels.
2. **Healthy Eating:** Fuel your body with nutritious foods. Avoid excessive caffeine and sugar, which can disrupt your energy levels and sleep patterns.

4. **Hobbies and Interests:** Make time for activities you enjoy, whether it's reading, drawing, or playing sports. Engaging in hobbies can provide a much-needed mental break.

Sleep Strategies

Quality sleep is essential for cognitive function and overall health:

1. **Establish a Routine:** Aim for a consistent sleep schedule, even on weekends. Going to bed and waking up at the same time helps regulate your body's internal clock.
2. **Create a Relaxing Environment:** Keep your bedroom cool, dark, and quiet. Consider using blackout curtains or a white noise machine if needed.
3. **Limit Screen Time:** Avoid screens (phones, tablets, computers) at least an hour before bedtime. The blue light emitted can interfere with your body's ability to produce melatonin, a hormone that regulates sleep.

Social Media Issues

While social media can be a valuable tool for staying connected, it's essential to use it mindfully:

1. **Set Boundaries:** Allocate specific times during the day to check social media. Avoid using it excessively, especially late at night.
2. **Be Selective:** Follow accounts that promote positivity and inspiration. Unfollow or mute accounts that contribute to feelings of inadequacy or stress.
3. **Digital Detox:** Take occasional breaks from social media to focus on real-life interactions and activities. This can help reduce comparison and improve your overall well-being.

Dental Health Week

Dental Health Week 2024 will take place from August 5th – 11th. It will focus on the importance of gum health.

There are multiple ways to get information about oral health during Dental Health Week. If you have not had a recent visit to the dentist, it is a great time to make an appointment.

Did you know...

Children and young people are eligible for free dental care if they hold a Medicare Card and are:

- Aged 4 through to students in Year 10
- Students in Years 11 or 12 who have a current Centrelink, Healthcare or Pension Card
- Aged 0 – 3 whose parents have a current Pension Concession Card (Centrelink and Department of Veterans Affairs issued) or a Health Care Card
- 0 – 17-year-olds who are eligible for the Child Dental Benefits Schedule.

To make an appointment for your young person, simply call the Oral Health Hub: 1300 300 850

For further information contact your Youth Health Nurse or visit:

[Click here to visit the Dental Health Children webpage](https://metrosouth.health.qld.gov.au/dental-health-children)
<https://metrosouth.health.qld.gov.au/dental-health-children>

[Click here to visit the Dental Health Week webpage](https://www.teeth.org.au/dental-health-week)
<https://www.teeth.org.au/dental-health-week>



Gayle Rausch-Sutcliffe, Guidance Officer (Years 10 & 11)

Email: gsuttc2@eq.edu.au

Nicole Trembath, Guidance Officer (Years 7 & 9)

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Sandi Wright, Guidance Officer (Years 8 & 12)

Email: swrig273@eq.edu.au

Sarah Kelly, School Nurse

Email: nurse.centenary@health.qld.gov.au

Emma Haukinima, Chaplain

Email: ehauk1@eq.edu.au

Lu Ware, Psychologist

Email: refer to Guidance Officers

SPORTS

Spotlight

Ryley recently won a Gold Medal in Kumite (Karate) as Queensland State Champion and has been selected to compete in the Australian National Titles. What a great result for Ryley!



Well-done to Teokotai for winning Gold in his weight division at the Boxing Novice Titles. A lot of hard work went into that outstanding result!

Phoenix recently represented Queensland at the Australian Little Athletics Championships in Javelin and received 2nd place. Great reward for all of her efforts!

Finally, Harrison was selected as part of the 2024 Ice Hockey Team which travelled to Newcastle to play against NSW, VIC, ACT, WA and SA. The team played great and finished 3rd place in the Round Robin games. Queensland lost earlier in the Round Robin games to South Australia but met them again in the finals and beat them 3-2 to take home the Bronze medal (first medal in almost 10 years). Harrison played amazing and scored 1 goal and 3 assists (4 points overall in 7 games) in his first ever national competition. Fantastic work Harrison!



Athletics – District Track and Field

A very strong Centenary SHS Track and Field team recently competed at the Northern Eagles District Trials. The students competed extremely well and the results reflected the efforts that have gone into their training. Northern

Eagles is one of the strongest districts in Met West and any students who progress through this phase are all strong chances at Met West.

Centenary SHS had the largest squad at the trials, and the core reasons for this are that the students like challenging themselves to be their best, they love competing and trying to earn representative honours, they have great coaching support at school, and they love to be at districts with their friends.

Results wise, Centenary SHS students earned 38 firsts, 33 seconds, and 20 thirds, as well as numerous other PBs and strong performances. There was also awesome team spirit across the group, with the students all supporting their team mates across the day.

Some notable results:

Phoenix (Yr 9) broke the district record for Javelin with an amazing throw of 38.88 metres, on her way to three first place finishes!

Billy (Yr 12) broke the district 400m record for his age group (17 years) by 2 seconds with a time of 50.38s, he also attained 3rd in the 200m.

Gerald (Yr 7) two firsts, a second, and a third

Dan (Yr 7), one first

Chloe (Yr 8), two firsts, two seconds, and a third

Mia (Yr 11) two firsts, a second, and a third

Savarna (Yr 9) a first and a third

Jackson (Yr 11) a first and a second

Tayla (Yr 12) two firsts

Isla (Yr 9) a first and a second

Deva (Yr 7) a first and a third

Isaac (Yr 8) two firsts and a third

Cooper (Yr 10) two seconds and a third

Kya (Yr 12) two seconds

Maree (Yr 9) a first

Sara (Yr 10) a first and a second

Lila (Yr 9) two firsts, and three seconds

Sean (Yr 12) a first, two seconds, and two thirds

Phong (Yr 9) a first and a second

Olivia (Yr 12) two seconds

Joochahn (Yr 10) a second and a third
Alessandra (Yr 10) two firsts

David (Yr 8) a second and a third Mark (Yr 9) a first and two thirds

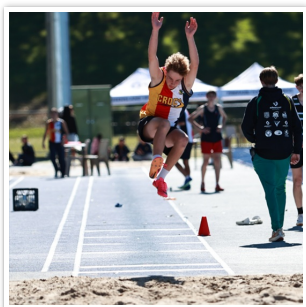
Scott (Yr 10) a first

Sebastien (Yr 11) one first

Lute (Yr 8) a first and a second

Long (Yr 9) a second and a third

Fin (Yr 10) a second and a third Samuel (Yr 10) two firsts and two seconds



Performances like these don't happen by accident, and the training opportunities (three sessions/week out of school time) since early Term 2 has seen many students develop their skills and performances dramatically. Students have had the benefit of coaching from Australian Team coach, Des Davis (Throws), Arthur Shera (Track Coach), as well as the expertise from Centenary SHS teachers, Ms Heintze and Mr Haines.

Well-done to all students who gave their very best!!!

Students in contention for Regionals should continue to train hard as we wait for confirmation of district selections.

Training Schedule:

Mondays 7:00am – 8:30am: Throws, Track
Wednesdays 3:10pm – 4:15pm: Pit Jumps, Track
Thursdays 3:10pm – 4:15pm: Pit Jumps

QLD All Schools Touch Football Championship

From the October 4th – October 8th (Week 1, Term 4), teams will be competing in the QLD All Schools Competition for Touch Football. The four teams

competing are U15 Boys, U15 Girls, Open Boys and Open Mixed. This is the largest school event within this realm, with just under 500 schools competing. Students have been very committed to attending training sessions before school. We wish all participating students the best of luck for the tournament!



Junior and Senior Gala Days

On the last Wednesday of Term 2, the Junior Winter Gala Day took place. Around 220 students, across 20 teams, took part. All teams performed to a high standard and conducted themselves in an exemplary manner. Centenary SHS were successful in bringing home six premierships!

The winning teams were:

- Year 8 Girls Tennis
- Year 8 Boys Volleyball
- Year 7 Girls Netball
- Year 8 Girls Netball
- Year 9 Girls Netball



On the first Friday of Term 3, Centenary SHS had fifteen teams compete in the Senior Winter Gala Day. We were successful in bringing home six premierships across all competitions.

The winning teams were:

- Open Girls Netball
- Open Boys Basketball
- Open Boys AFL



A big thank you to all the coaches who gave up their time to coach all the teams across both days.

Sports Awards

The Sports Awards for 2024 will be announced late in Term 3. Students that have achieved at a high level in sport will be recognised and awarded a sports award. A list will be posted on the HPE noticeboard that contains students' names and then their sporting achievement. **This is the responsibility of all students to ensure that all of their achievements are listed and to see Mr Galloway if a sporting event is missing.**

You get sporting points for the following:

- Gala Day teams and if you won a premiership you receive more points
- District Sporting teams
- School Swimming, Cross Country and Athletics teams
- District Swimming, Cross Country and Athletics teams
- Age Champion in Cross Country and Athletics
- Met West in any sport
- Represented Centenary SHS in an ALL Schools Event

If any students are missing an achievement, they must go to Staffroom 4 to collect a gremlin form. Once they have listed their missing sporting achievements, they must complete this form and hand it back and the list will be updated.

The gremlin sheet process is opens beginning Week 8, Term 3 and will close on Friday 13th September. Once again, it is the student's responsibility to make sure their achievements are accurate!

Ski Trip



It's been a long while since our last Ski Trip, with COVID-19 and other resort-based restrictions impacting the resumption of the trip. Nevertheless, we managed to get a bus full of eager adventurers from across Years 10 – 12. Things looked up after the 20-hour bus trip and the students quickly developed both their ski/board skills, and also, new friendships with group members.

There was quite an interesting mix of students and what was definitely a highlight was how they all bonded really well, playing many 'old school' games of a night time, rather than having their heads buried in their devices. Even some of the least likely students got involved in activities such as Karaoke and Just Dance.

The main focus of the trip of course was the snow activities, and going so early in the season is always a slight risk in terms of snow coverage. Fortunately, there was a good cover in most areas and it was enough for the group. The group also had the range of weather conditions, from clear, to snow, to sleet, to blizzards. Staying 'on snow' was also an awesome experience!

From the post-trip survey, students rated it a 4.9/5, and many are already asking about reserving a spot for next year! The 2025 planning is already underway.

Some quotes from the students:

"Thanks again truly for such a memorable, incredible, and special experience – I miss it so much! It was honestly one of the greatest weeks."

The best part was:

"Making new friends (both on the slopes and with other students), learning new skills, gaining confidence in boarding, having so much fun!"

"Being able to explore different areas of the mountain and playing games with everyone at the accommodation."

"When we were the last on the slopes and we had snow fights and we were rolling around on the top of the mountain."

"My favourite part was EVERYTHING, and the food was incredible, the snow was magical, the people were amazing and I just loved every moment, even though I complained a lot."

"Watching everyone equally fall on their face just as much, especially stacking it on the T-Bar and off the ski lift. Playing mafia and games was a lot of fun, singing and dancing. Core memories were having the funniest chats with the teachers, taking photos and having heaps of snowball fights!"

"It was great to meet students from other year levels and also teachers that I have never been taught by. They are actually really fun!"

"Thanks to Mr Haines for organising it...I knew it was going to be awesome, but it was actually way better than that. Mr Foster and Ms Tesch were awesome also!"

Tom Galloway, Northern Districts Sports Coordinator
Email: txgal4@eq.edu.au

James Garrard, West Brisbane Sports Director
Email: jgarr57@eq.edu.au

Richard Haines, Sports Coordinator
Email: rhain0@eq.edu.au

STUDENT FORUM

On Friday July 19th, our students pretty much got to roll out of bed and head straight to school for our 'Pyjama Day', raising much needed funds for [Friends With Dignity](https://www.friendswithdignity.org.au/). We raised over \$1300.00! Friends with Dignity supports adults and children impacted by domestic violence, helping them to rebuild their lives with purpose, dignity and hope. To learn more, head to: <https://www.friendswithdignity.org.au/>.



The Student Forum has lots going on for the remainder of this term, including:

- Mini Olympics
- Betty's Birthday
- R U OK? Day
- + lots more!

Keep an eye on our school Facebook page to see more!

Marney O'Dea, Student Leadership Coordinator
Email: modea9@eq.edu.au

JUNIOR SCHOOL

This month, our school had the pleasure of hosting a unique and enriching experience as we welcomed Year 5 primary students from our CLASS schools into the high school setting for an inspiring writing masterclass. This initiative was designed not only to enhance their literary skills but also to provide a glimpse into the exciting opportunities that lie ahead in their educational journey.

Under the guidance of our writing leaders and Year 9 student mentors, these young writers embarked on a journey of creativity and exploration. The masterclass aimed to foster their love for writing by exposing them to various forms of storytelling and encouraging them to express their ideas freely.

The integration of Year 5 students into the high school environment was a deliberate effort to ease their transition and ignite their curiosity about the next phase of their education. By immersing themselves in the vibrant atmosphere of our high school classrooms, these students not only gained valuable writing skills but also began to envision

themselves as future members of our school community.

Throughout the masterclass, the enthusiasm and energy of our Year 5 participants were palpable. They eagerly participated in writing exercises, collaborated with their peers, and absorbed insights from our dedicated teachers.

We extend our heartfelt thanks to the Year 5 students for their eagerness and creativity and we look forward to welcoming them back for a Writer's Afternoon Tea; where we welcome Author and Playwright, Victoria Carless. She will share her top tips for creative writing and will conduct some interesting writing challenges to extend these young people in their writing skills.



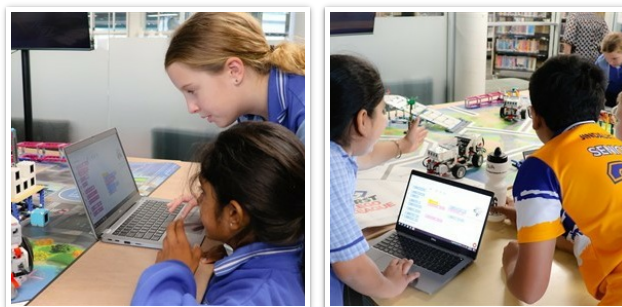
Carly Manche, Junior Secondary HOD

Email: ceman4@eq.edu.au

The day was full of fun, collaborative and creative activities. The students first shared their Minecraft builds and judged the "Builder's Choice" award. Our state member of parliament, Ms Jess Pugh MP, brought her knowledge of Parliament House to help judge the Platinum Award, alongside Brendan Beak, owner of Endgame eSports in Sumner

The rest of the day was focussed on various STEM challenges. Students tried their hand at robotics, VR, drone flying, and enjoyed some more Minecraft fun, ending the day with gaming activities. The students' enthusiasm for the STEM activities was infectious, and they were thrilled to receive their generous prizes supplied by Endgame.

A huge thank you to the eLearning coordinators from Jindalee SS and Middle Park SS, who were invaluable in organising and running the event, as well as our team of student volunteers who showed incredible leadership throughout the day. We are already looking forward to running the event next year!



QParents Milestone

We have some exciting news to share with you: 75% of Centenary SHS families now have access to QParents!

QParents is a secure, online portal that has been created by the Department of Education to provide parents and carers of Queensland state school students with 24-hour access to their child's information.

What is QParents?

QParents is a mobile phone app and website that allows you to view and manage your child's school information anytime, anywhere. With QParents, you can:

- Advise us of absences
- Complete permission forms

ELEARNING

STEM Builders Day at Centenary SHS

In the first week of Term 3, we hosted the annual STEM Builders Day at Centenary SHS. Now in its third year, the day is our chance to connect with our primary schools in our area and show them some of what Centenary SHS has to offer in STEM.

This year, we invited the creators of some incredible Minecraft worlds. These students had the best entries from the "Build the Queensland Parliament" Minecraft competition.

- Check timetables, assessment planners and events
- Access and download report cards
- Pay invoices and access payment history
- And more!

QParents is designed to help you stay informed and involved in your child's education. You can also communicate with the school through QParents and receive important notifications and reminders.

How can I join QParents?

If you are a parent or guardian of a Queensland state school student, you are eligible to join QParents. You should have received an email invitation with a unique code and instructions on how to register. If you haven't received an email invitation or have misplaced it, please feel free to contact us at qparents@centenaryshs.eq.edu.au.



James Whittle, eLearning HOD

Email: jwhit732@eq.edu.au

POSITIVE EDUCATION

Calling All Parents and Carers of Budding Artists!

Are you aware that your student could have the opportunity to feature their artwork on our 2025 student/staff diary? We are thrilled to announce our annual competition where students can showcase their creativity and talent. Not only will the winner have their artwork prominently displayed, but they'll also receive a \$50.00 gift card as a token of our appreciation!

Students have already had the opportunity to participate in an open studio with art teacher, Ms Duschka, to ignite their creativity and brainstorm ideas. To support your student in this opportunity, they are welcome to use our Art room during lunchtimes to work on their masterpiece (students will just need to arrange this with an art teacher in advance).

This competition is a fantastic opportunity for your student to leave their mark on our school's history and showcase their talent. We are excited to see what they create! All entries are due by Friday August 23rd. For further details, please encourage your student to pick up an application form from the Resource Centre (they have also been emailed a form from Ms Wallekers).

If you have any questions or need additional information, please don't hesitate to reach out to me, or Ms Wallekers (cwall328@eq.edu.au).

Thank you for supporting our students' artistic pursuits. I look forward to announcing our shortlist and overall winners later in the year!

Melissa Chamberlain, Positive Education HOD

Email: mchamm55@eq.edu.au

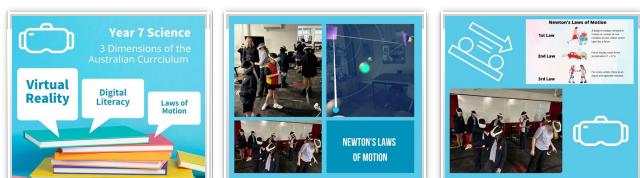
TEACHING & LEARNING

Digital Literacy in the Year 7 Science Curriculum

At Centenary SHS, we implement the Australian Curriculum's General Capability of

Digital Literacy. The General Capabilities are the knowledge, skills, behaviours and dispositions that students need to live and work successfully. Digital Literacy involves students critically identifying and appropriately selecting and using digital devices or systems.

As part of our plan to enhance Digital Literacy, students in Year 7 have recently spent a lesson in our school's Virtual Reality room with their science teacher and eLearning Head of Department Mr Whittle. Students used the VR experience to explore scientific laws of motion, and were able to test them through a series of virtual games. In future, we will continue to refine our VR program, training more teachers, and using a variety of educational apps that enhance learning. Well-done to Mr Whittle, the science teachers and the Year 7 cohort for their development of scientific and digital literacy skills.



Vanessa Duschka, Teaching & Learning HOD

Email: vdusc1@eq.edu.au

APPLIED TECHNOLOGIES

In Week 2, our Food and Nutrition students spent the day working on their IA3 solutions. These students have been creating a new food item for 'Nanna's' range of frozen desserts to better meet the needs of a nutrition consumer market. The students made 3 different trials for their food item, gathering data from the consumer market sampling their dishes to refine their proposed solution.

In Week 3, some of the Year 11 Hospitality students participated in their Responsible Service of Alcohol (RSA) training, run by Prestige Service Training. This training was offered to them in line with their current Bar and Barista Basics unit. With this training, it means that those students are more employable and have more of an understanding of the industry requirements and legislation. The students we're really engaged and had great fun with some role play situations and responding to challenging scenarios.



The Year 12 Engineering students engaged with plastics engineering company, Dotmar. Rick came out to talk to the students about how plastics are relevant to the engineering industry and what the role of engineers at Dotmar is. This added some practical experiences to the materials science aspects of their learning for Unit 4. The students were really engaged and motivated to see the links to industry offered in the Engineering subject.

Torston Reichert, Applied Technologies HOD

Email: tcrei0@eq.edu.au

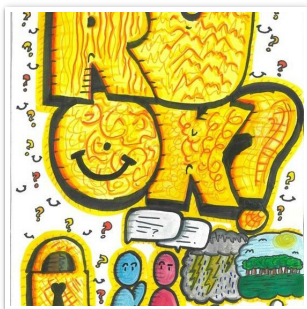
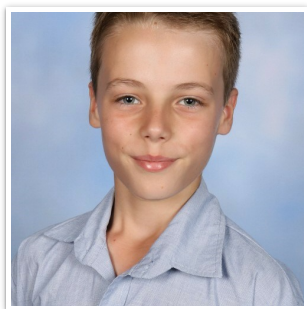
ARTS

We love to acknowledge and celebrate our student work and success, whether it be in the classroom or as one of our extracurricular offerings. Don't forget to check the school Facebook page for more stories of our wonderful students!

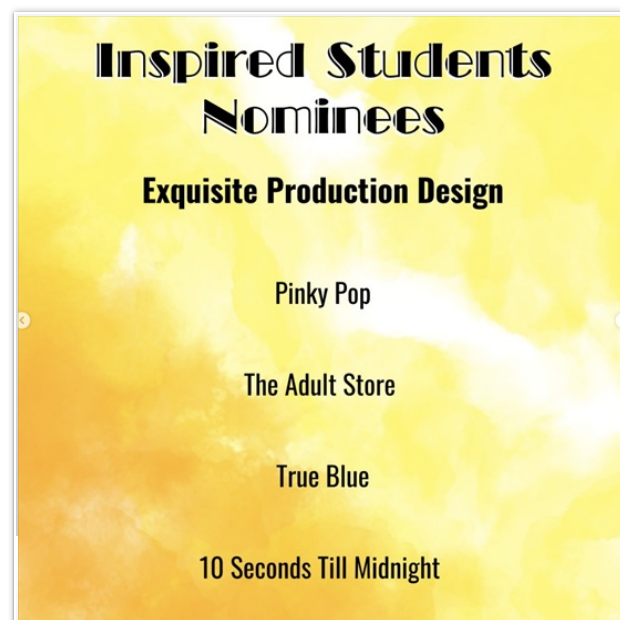
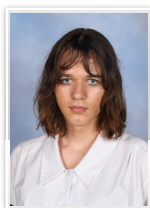
Student Success

At the end of last term, two student artworks were selected for entry into the national R U OK? Art competition. We were blown away by the creative and skilled artworks made by our entrants, Year 7 student Harrison and Year 8 student Katelynn! Schools were able to submit only two junior representatives who responded to the question: What does an R U OK? conversation mean to you? We wish them the best of luck as they aim to be in the handful of finalists across the

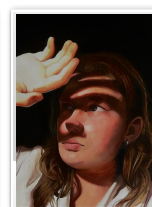
country!



Congratulations to Year 12 Arts student Sol, whose film 'Pinky Pop' has been selected as a finalist in the Screen It International Film Festival! 'Pinky Pop' was Sol's IA2 submission and formed part of a Multiplatform Project. Sol describes the film as "the story of an obsessive, narcissistic filmmaker who fights with actors, producers and directors to turn her own life into art." In addition to being a finalist, Sol's film has also been nominated for an award in the 'Exquisite Production Design' category! We wish Sol the best of luck and you can see Sol's film at the festival screening!



Congratulations to Year 11 Visual Art Student Jessica, whose artwork 'Foresight' has been selected as a finalist in the 2024 Brisbane Portrait Prize. Jess's self-portrait is an oil painting on canvas, and Jess says the following about her artwork: "This piece represents the pressure placed on young people to make important decisions about their future – I wanted this painting to convey uncertainty, and the idea of not being able to see what's ahead." We wish her the best of luck at the winner's announcement on opening night in August.



We are so excited and proud of our Arts students Ethan and Ava, who wrapped up their experience with Creative Generation State Schools Onstage at the end of Week 2! For months, they have been rehearsing and creating content in preparation for the shows. Ethan has been part of the Media Crew and has specialised in sound, even working with the Channel 9 Team when they came to record! Ava is playing French Horn, as one of about 60 auditioned students in the Symphony Orchestra.

You can see some of Ethan's work in this CGEN TV clip (specifically about 0:45):

[Click here to view the video](https://www.youtube.com/watch?v=K_0DSZSPSoM)

https://www.youtube.com/watch?v=K_0DSZSPSoM



You'll be able to see Ava in action on the national TV broadcast later in the year.



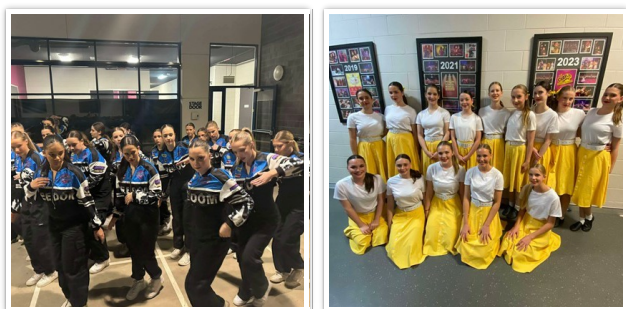
Congratulations to our dynamic Dance Troupes who have ALL received placings in the Dancelife Unite Competition held recently.

Lyrical A – 2nd place

Lyrical B – 4th place

Jazz – 4th place

Contemporary A, Contemporary B and Hip Hop – Highly Commended



We recently received our results for Year 12 General subjects, after being confirmed by the QCAA. Task 2 across The Arts varies: Music, Music Extension, Dance and Drama students all do a creating/presenting task worth 20%, whilst Film and Art students complete a 25% project. To achieve 100% on this

task requires creative thinking, dedication, rehearsal and teamwork for those who work in a group. We are thrilled to announce that we had eleven students achieve the perfect score on their second task! Congratulations to all of the students and staff recognised for your outstanding achievement.



After completing half of the course, there are six students who sit on 100%. This is an amazing achievement and a deserved reward for commitment, effort and perseverance. Congratulations to all of our hard-working Year 12 students.



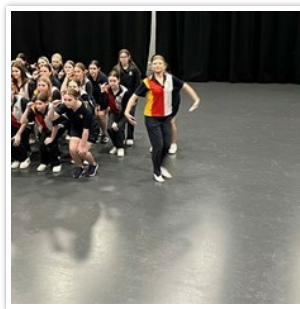
Classroom News

We met some of our future students at the Music Plus and Performance Plus auditions. We are very excited at the talents

and skills shown by the Year 6 students and can't wait to have them here with us next year! Future Year 6 Centenary SHS musicians are invited to attend our Open Rehearsals in Term 4 – see the information attached!



From the start of this term, our Year 9 Performance Plus class has been working with Amy McInturff from RAW Dance Company to produce the opening number "Oh The Things You Can Think" for their Musical Production of "Seussical Jr" in Term 4. Brisbane-based Amy is a well-rounded performer and teacher that specialises in dance and choreography. Amy's dance training includes Jazz, Commercial, Theatre, Jazz Funk, Contemporary, Ballet and Pas De Deux. We can't wait to see this dance number in the show!



In August, we are taking some of our talented Years 11 and 12 Film, Television and New Media students to the Ekka to participate in the Ekka Creative Clips Competition. Students have the opportunity to use the skills they learn in class in a real-life situation, working in small teams to plan, script, perform in, direct, shoot, edit and produce a social media video advertising a day at the Ekka. We look forward to sharing their movies later in the year.

Extracurricular News

Our Drama students involved in the Queensland Theatre's Scene project are getting closer to their performance date. Through the devising process and with support from a QT guest artist, the blocking is finished for our performance of "Flowers in Antarctica". Students and staff are now working on refining their acting in order to create a seamless performance piece. They will be on stage at Queensland Theatre in August to perform and we are looking forward to the performance, as well as the opportunity to see how other schools have interpreted this phenomenal script!

FLOWERS IN ANTARCTICA



By Wendy Mocke

Instrumental Music News

We have started Term 3 with more performances and events! The Choir performed at the school NAIDOC Ceremony; the new Brass ensemble – Brass100 – had their debut performance at Dovetree, performing for our local community. The Centenary Swingers hopefully inspired the next generation of students, with a guest performance at the WestCent District Music Camp. All of this, in addition to our usual performances on assembly and around the school!



An updated Term 3 Instrumental Music Date Claimer is attached.

The P&C Arts Subcommittee meets once per term and supports all of the students in The Arts. If you can spare one hour, we'd love to see you at our next meeting: Tuesday August 27th at 7:00pm in PA10 (inside CPAC).

[Click here to download the Instrumental Date Claimers](#)

Angela Sleeman, The Arts HOD

Email: aslee4@eq.edu.au

ENGLISH

Public Speaking and Debating News

Our Public Speaking and Debating programs have continued to grow and flourish in 2024!

The year kicked off in Term 1, when three of our School Captains, Lachlan, Eli and Vince competed in the *Lions Youth of the Year Jindalee Club Final*. This challenging competition required competitors to undergo a 30-minute interview where they were quizzed on current events, deliver a prepared speech to a live audience and two impromptu speeches in response to questions they received on the night. All three competitors delivered exceptional speeches, however it was Eli that emerged triumphant, taking the victory as Jindalee Club Winner. Eli went on to compete in the Regional Finals, and while he didn't get the win, he received excellent feedback from the judges.

Term 1 also marked the beginning of the *Queensland Debating Union's Secondary Schools Competition*. Our Year 7 team finished the season undefeated, an extraordinary result for their first year in the competition. Our Year 8 and Year 12 teams have also had a very successful season, earning their place in the Queensland Finals. Each debater demonstrated bravery and resilience through the season as they were challenged to step outside their comfort zones and develop their public speaking skills.



Year 12 debaters: Blake, Eli, Elizabeth and Lachlan, following their Round 1 Finals win!

Throughout Term 2, thirteen Centenary SHS students competed in the *English-Speaking Union's Public Speaking Competition*. All speakers delivered polished speeches in their respective heats, credited to their hard work, dedication and many hours of practice ahead of their events. A special congratulations goes to sisters Desiree (Year 7) and Mikaela (Year 9) who won their heats and went on to compete in the Queensland finals against students from all over the state. Last month, Eli (Year 12 and also Desiree and Mikaela's older brother) competed in the Senior heats in Brisbane, and also emerged victorious, earning his place in the final. We wish Eli good luck as he represents Centenary SHS in the Queensland final next week!



Year 7 students, Xavier, Lucille and Desiree compete in ESU for the first time!

But the year is not over yet...next term, our students will compete in the *Australian Individual Debating and Public Speaking Championship* and support our incoming debaters at Centenary SHS's Year 6 Debating Masterclass.

We congratulate all of our speakers on a phenomenal season and wish them good luck in upcoming events!

Angela Maguire, English HOD
Email: amagu7@eq.edu.au

Nicola Kelly, Debating and Public Speaking Coordinator
Email: nkell139@eq.edu.au

HPE

Outstanding Senior HPE results

Year 12 HPE students can go into their external exams full of confidence with some fantastic results in confirmed IA1 and IA2 assessment tasks. Congratulations to the following Health students who currently sit on 50/50 for their two confirmed internal assessment marks.

Charly, Kim, Jessica, Elizabeth and Alana

An incredible 57% of students are achieving an 'A' after these two assessment pieces.

Furthermore, our Physical Education students also have an amazing 46% of students on an 'A' with Kya, Sophie and Tayla achieving 44/45. Well-done!

First Aid Qualification

Recently, our Certificate III in Fitness students attended a full day of CPR and First Aid training. It was a fantastic event run by the College of Health and Fitness, with valuable knowledge learnt and skills acquired. Another great step on the way to completing a brilliant qualification. Well-done to Ms Leinonen and the 11CFE class.



Lachie Gibbs, HPE HOD
Email: lgibb23@eq.edu.au

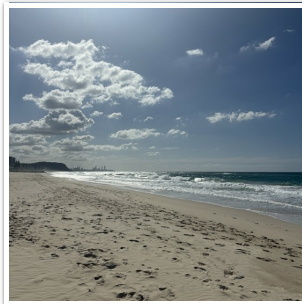
HUMANITIES

Year 8 Geography Fieldtrip

As part of the Year 8 Geography unit on coastal management, each class embarked on a day-long field trip to Burleigh Heads and Palm Beach. This excursion was a crucial component of their studies, designed to assist students in gathering primary data for their Term 3 field report.

Throughout the day, teachers and teacher aides facilitated a variety of hands-on learning activities. The tailored program provided students with the opportunity to engage directly with the environment, learning about environmental management and sustainability, with a focus on current coastal management strategies. These activities helped students understand how these strategies aim to reduce the negative impacts of development on the coastal landscape.

We are proud of our students' enthusiasm and engagement during the field trip, and we look forward to seeing the insights they gained reflected in their upcoming reports. A special thank you to Dr Brooke Davis for her role in making this possible.



Senior Ancient History Excursion to UQ – A Day of Immersive Learning

This term, our Senior Ancient History students had the opportunity to attend workshops and lectures presented by UQ academics, a highlight of our Ancient History Program. The excursion aimed to immerse students in their current areas of study by engaging directly with primary artefacts at the UQ Antiquities Museum, gaining insights from working academics in the classics field, and utilizing the vast

resources available through the UQ Libraries.

The day was filled with engaging sessions, where students interacted with historical artefacts, deepening their understanding of ancient cultures and histories. The lectures provided invaluable perspectives from seasoned scholars, sparking thoughtful discussions and inspiring future academic pursuits. Thanks Miss Salmon and Mr Levey for your organisation.



Zeenat Hussain, Humanities HOD

Email: znhus0@eq.edu.au

YEAR 12 REPORT

Our Year 12 students are in their final full term of school. Formal, Mystery Tour, exams, Year 13 Interviews and Graduation are in their thoughts.

Year 13 interviews are compulsory for all Year 12 students, providing an opportunity for them to look forward and formalise their post school destination and pathways. Students have a survey to complete prior to the interviews, giving them the opportunity to outline their intended destination and QTAC details (if relevant).

Our IA2 assessment items have come back from Confirmation and students will be able to see their results banked in their QCAA portal. Students should be checking this portal at regular stages to monitor their progress and check their QCE points.

A reminder that with the release of External Exam timetable for Term 4 from the QCAA, students should be planning the study schedule and reading their novels in preparation for their exams.

I am looking forward to working with our Year 12 students this term, knowing that they will lean into their character strengths to keep moving forward.

Jody Jarrett, Year 12 Coordinator

Email: wjhaw0@eq.edu.au

YEAR 11 REPORT

Term 3 is well underway, and it has been wonderful to see our Year 11 students flourishing in the senior space as they move towards becoming the leaders of the school next year.

PEEC in Focus

This term, we have been engaging in examining motivation, as well as continuing our journey with Respectful Relationships. In Week 5, we will be having a dramatic presentation from *Shock Therapy Arts* of their play "Fuel" which examines the issues of coercive control and toxic relationships. This will be followed up in the next week with a lesson on respectful relationships from the RRE program.

2025 Leaders

Another very important thing happening this term is the selection of our school leaders for 2025. I strongly encourage anyone who is interested in the range of leadership positions to apply. Below is a list of the positions, and the staff contact should you wish any further information.

Leadership Position	Number of Positions	Contact	Written Application Due
School Captain	4	Ms O'Dea - modea9@eq.edu.au Staffroom 3 OR Mr Richter - arich60@eq.edu.au Admin Building	Week 6 - Wednesday 14th of August

Student Forum Leader	4	Ms O'Dea - modea9@eq.edu.au Staffroom 3 OR Mr Watkins - mwaik16@eq.edu.au Staffroom 4	Week 6 - Wednesday 14th of August
First Nations Captain	2	Dr McIntyre - dmcin49@eq.edu.au Lower GS	Week 6 - Wednesday 14th of August
International Captain	2	Ms Huber - dhube1@eq.edu.au HU Staffroom	Week 6 - Wednesday 14th of August
Arts Captain	8	Ms Sleeman - aslee4@eq.edu.au Staffroom 4	Week 6 - Wednesday 14th of August
House Captain	8	Mr Gibbs - lgibb23@eq.edu.au Staffroom 4	Week 9 - Friday the 6th of September
STEM Captain	2	Ms Nicholson - enico12@eq.edu.au Staffroom 2	Week 6 - Wednesday 14th of August
Public Speaking and Debating Captain	1	Ms Kelly - nkell139@eq.edu.au SL Staffroom	Term 4, Week 3 - Friday 11th of October
Chess	1	Ms Sodini - jsodij2@eq.edu.au RC	Week 6 - Wednesday 14th of August

Events

Semi Formal is just over a month away, so hopefully everyone has organised their costumes and is getting very excited. Full details about the running of the evening

will come out in the next couple of weeks.

Senior Jersey 2025

The design for the senior jersey for 2025 has been selected by a student vote. I would like to thank the members of the Jersey Committee for coming up with the options to choose from. The winning design is below. Shortly we will begin the sizing process and then begin ordering.



Students in Focus

Some amazing student achievements have occurred at the end of last term and the start of Term 3.

Ava

Congratulations to Ava for her performance at the 2024 Creative Generations State Schools on Stage as part of the orchestra on French Horn. This is a fantastic achievement and we know that Ava had a wonderful time!



Push Up Challenge

A few weeks back, a group of Year 11 students and teachers completed the Push Up Challenge and raised \$1385.00. This money will go towards helping organisations

such as Lifeline and Headspace provide support for people with mental health issues.

A big thank you to Liam for initiating the project, Jordan who was a student ambassador along with Liam, and Jackson who raised more than \$600.00 himself!

Other participants in the challenge were:

Maxwell, Joe, Lucy, Patrick, Emma, Elsie, Liam, Mason, Kahlia, Joel, Connor, Niamh, Ahilan, Ceilidh, Raffael, Ophir, Tyson, Liam, Andy.

Ms Nolan; Mr Gibbs; Ms Braybon; Mr Watkins.



Dance Troupes

Congratulations to the Year 11 members of our Dance Troupes.

ALL troupes received placings in the Dancelife Unite Competition held a couple of weeks ago.

Lyrical A – 2nd place

Lyrical B – 4th place

Jazz – 4th place

Contemporary A & B and Hip Hop – Highly Commended



Northern Districts

Many Year 11 students shone at the recent Northern Districts athletics carnival, with these amazing results below:

Maya – 4th 400m Run

Sebastien – 1st Triple Jump

Delaney – 4th Long Jump; 1st Triple Jump

Mia – 1st Long Jump; 1st Discuss; 3rd Triple Jump; 2nd Shot Put

Jackson – 1st Discuss; 2nd Shot Put

Patrick – 3rd 400m Run; 4th Long Jump

Liam – 5th 400m Run; 2nd 800m Run

Ethan – 4th Javelin

Sam – 2nd 400m Run; 1st 1500m Run; 2nd 3000m Run; 1st 800m Run



Mark Watkins, Year 11 Coordinator

Email: mwatk16@eq.edu.au

YEAR 10 REPORT

Year 10 Camp

From Wednesday July 24th to Friday July 26th, the Year 10 Cohort attended our annual Year 10 Camp at Maranatha Recreation Camp in Yandina. Students had a fantastic few days participating in outdoor education activities including the flying fox, giant swing and a hike to the dam. Our intrepid travellers sang song by the camp fire, performed for their lives in karaoke and had so much fun dressing up their HG teacher for our annual fashion parade. This invaluable experience has brought us closer together as a cohort and set the tone for a successful Semester 2. Thank you to the Year 10 HG teachers and other staff for giving up time with their own families to make this an experience that the Year 10 cohort will remember

for the rest of their lives.

We have lots of Year 10 students doing a lot of extremely talented things!

- 2 of our Year 10 students recently competed at the Touch Football World Cup, representing the Philippines.
- A couple of weeks back, the District Athletics Carnival took place, which saw 20 students from Year 10 compete in a range of events.
- Year 10 students competed in Netball, Basketball, AFL and Soccer at the Senior Gala Day.
- Year 10 students competed in the Dance Troupe Competition.

It is awesome to see the cohort get involved in a range of activities!

SET Plan Interviews

One of the key milestones for Year 10 students is the SET Plan interviews. These interviews are designed to help students set academic goals, explore career pathways, and plan their senior studies. It's a crucial opportunity for them to reflect on their strengths, interests, and aspirations, with guidance from teachers and counsellors. We encourage you to discuss these plans with your student at home and support them in preparing for these important discussions. Coming up in **Week 4**, students will have the opportunity to begin this process, by choosing subjects for their senior years. Our SET Plan process, where parents, carers and students have the opportunity to come and discuss these choices will take place in Week 6 – Thursday and Friday. More information on how to book interviews will come out shortly.

Positive Education Class

Within our Positive Education classes this term, we have looked at the importance of both gratitude and sleep. Research shows that practicing gratitude can have profound effects on mental health, well-being, and academic performance. Students had the opportunity to reflect on what they are grateful for in their life.

By using their creative skills, students got to explore the importance of sleep. Students were educated on the science behind sleep and were provided practical tips for improving sleep hygiene. Please see the posters

below which were created by students to educate others on the importance of sleep

Email: esalm20@eq.edu.au



Looking forward, we will be focusing our PEEC lessons on resilience.

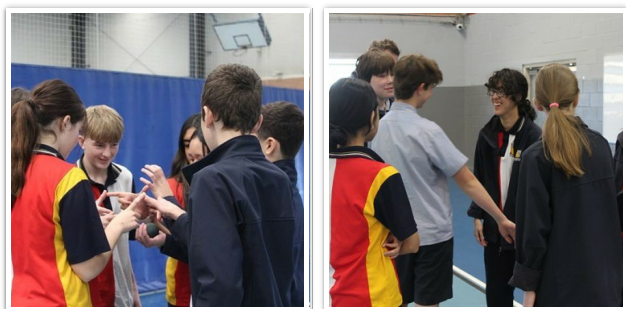
Kate Tesch, Year 10 Coordinator

Email: ktesc0@eq.edu.au

YEAR 9 REPORT

Year 9 Team Building Day

On Monday July 22nd, our Year 9 Cohort participated in their annual Team Building Day, this year in conjunction with yLead. Team Building Day is an opportunity for us to come together as a cohort, bond, and work on our leadership skills. The theme of the day was *LeaderShift*, and the Year 9 cohort certainly were leaders. They worked through activities as a team and used their creativity, communication and collaboration to problem solve their way through the day. This invaluable experience has brought us closer together as a cohort and set the tone for a successful Semester 2. Thank you to our wonderful HG teachers and yLead for making the day special.



Emma Salmon, Year 9 Coordinator

YEAR 8 REPORT

Welcome back to Term 3! We hope you and your families had a restful and rejuvenating break.

As we embark on this new term, we're thrilled to share some exciting news that exemplifies our commitment to positive education and student leadership development. We've hit the ground running with an incredible opportunity for our students to grow, learn, and shine.

In Week 2, 218 of our Year 8 students participated in yLead's 'Take the Lead' experience. This transformative program is designed to ignite the leadership potential in every student, encouraging them to recognize that their journey as leaders begins right now, not in some distant future.

The program kicked off with team-based activities that immediately challenged our students to step outside their comfort zones both as individuals and as a group. It was heartening to see how quickly they adapted, working cooperatively and supporting one another through each activity. These exercises not only fostered a positive group dynamic but also encouraged individual reflection on personal strengths.

One of the most impactful aspects of the day was the concept of legacy, something that the students had delved into at the end of Term 2. Students were encouraged to consider how they could positively influence others, a notion that visibly resonated with many. It was awesome to witness the moment when students realized that leadership isn't just about taking charge but about making a positive difference in the lives of those around them.

The program's alignment with our school's positive education principles was evident throughout, as students were guided to develop key strengths such as resilience, empathy, and a growth mindset while recognizing their impact on others. As a school, we believe that by investing in these experiences, we're not just preparing our students for academic success, but for life beyond the classroom as well.

The 'Take the Lead' day has undoubtedly set a positive tone for the term ahead, and we look forward to nurturing the seeds of leadership and personal growth that were planted during this transformative experience.



What's Ahead

- **T3 W8:** 2025 Leadership applications handed out
- **T3 W10:** Applications due back to Ms Leinonen
- **T4 W1:** Leadership speeches
- **T4 W2:** Leadership interviews

Let's make Term 3 a term of growth, positivity, and leadership!

Pia Leinonen, Year 8 Coordinator

Email: plein0@eq.edu.au

YEAR 7 REPORT

Welcome to Term 3. It is amazing to think how fast this year is going by. Our Year 7 cohort have already completed their first semester in high school.

2024/2025 Student Leaders

Over the upcoming weeks, we will be beginning our process of selecting our Student Leaders for 2024/2025. The four successful students will represent our cohort in the Centenary SHS Student Forum from Term 4 2024 until the end of Term 3 2025 (Year 8). Student leadership isn't just about holding a title; it's about personal growth, building skills, and making a difference in the school community. Being a student leader has amazing benefits for our students! It helps to develop important skills like teamwork, communication, and problem-solving. Through being a leader, students will gain confidence by representing their peers and making decisions that impact our school. Plus, it's a fantastic way to make new friends, have

fun planning events, and create a positive environment for everyone. Applications will be distributed in Week 6, with speeches and interviews occurring in Weeks 9 and 10. We encourage all Year 7 students to consider taking on a leadership role this year.

Term 3 HG Program

Our Home Group Program for Term 3 will focus on teaching our Year 7 cohort about positive emotions and positive affirmations, resilience, and gratitude. These lessons will assist students build a positive self-image, boost their confidence, and handle challenges with a strong, optimistic mindset. By focusing on positive emotions and affirmations, students learn to see the best in themselves and others. Resilience training helps them bounce back from setbacks and stay motivated. Gratitude encourages them to appreciate the good things in life, fostering happiness and contentment. Together, these skills empower students to thrive academically, socially, and emotionally.

Social Media

Over the next term, we will be focusing on cyber safety during our HG lessons. To support our students to be safe online, we will be inviting our local 'Adopt a Cop' to present to the cohort. This will provide an opportunity for students to ask questions about navigating their online presence, and to receive important information about cyber safety.

Literacy Groups

Your student will notice a change to one of their Humanities lessons, each week, for the term. During Term 3, students will participate in a weekly literacy lesson, which has been nominated by their English teacher. These classes have been created based on Semester 1 academic outcomes. Each lesson is designed to specifically support students' literacy, with a focus on supporting and extending their literacy skills.

Semester 1 Report Cards

Semester 1 report cards have been recently distributed to you via email. We are incredibly proud of the academic achievements, behaviour, and dedicated effort reflected in these report cards of our Year 7 students. We will be acknowledging these achievements with our Year 7 cohort in an upcoming Year Level Assembly. Congratulations

to all of our students on their accomplishments over Semester 1.

We are looking forward to the remainder of Term 3 and watching our Year 7 cohort continue to flourish here at Centenary SHS.

Brooke Davis, Deputy Principal (Year 7)

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Rachel Habermann, Year 7 Coordinator

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COMMUNITY NOTICES

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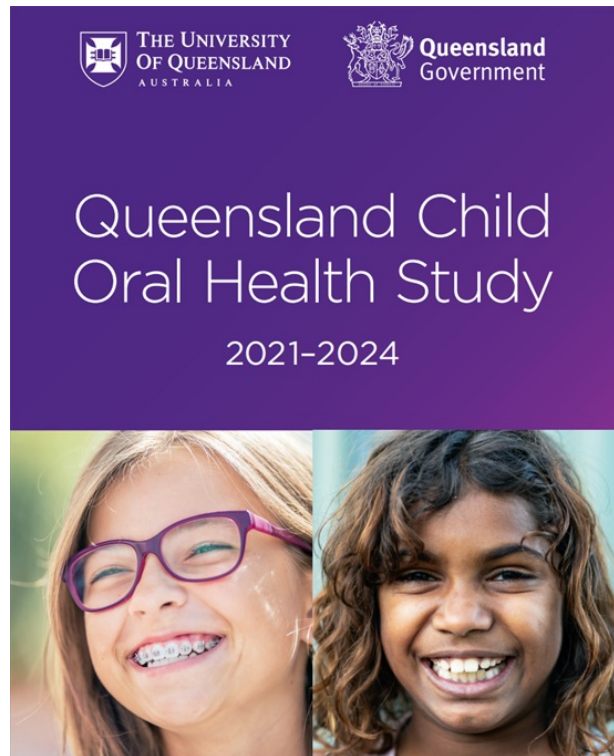
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Queensland Child Oral Health Study

2021-2024



Centenary SHS is pleased to partner with The University of Queensland and Queensland Health to conduct The Queensland Child Oral Health Study (QCOHS) 2021 - 2024.

This is an opportunity for a free dental check-up at school while helping dental care research in Queensland.

Students aged 12 to 14 years, in Years 7 to 9, will be RANDOMLY selected to participate, and families will be asked to fill out an online questionnaire as a part of the process.

The invitation emails have been sent to parents/carers. Your participation in this project is voluntary and you are free to withdraw from the research at any time.

If you would like your student to participate in the study, please follow the links in the invitation email to complete the consent form and online questionnaire. The research team will be in contact with you to confirm when the dental check-ups will occur.