

CENTENARY STATE HIGH SCHOOL

Our Wellbeing Vision

**The wellbeing
OF ALL
MEMBERS of
our community
is important**

**POSITIVE
EDUCATION IS A
STRENGTHS-BASED
APPROACH TO
WELLBEING** that
encourages all
members of our
community to flourish

**Flourishing can be
seen as a combination
of *'feeling good and
doing good'*.**
It is about individual,
collective and
organisational wellbeing

By using our top
character strengths,
we can improve our
levels of wellbeing
and therefore
**IMPROVE OUR
CAPACITY FOR
LEARNING**

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Domains of Wellbeing

We believe in the two core principles of leadership:

**LEADING SELF
AND LEADING
OTHERS**

By teaching valuable life skills in the HG curriculum, students will have an increased capacity to learn effectively, as well as

**DEVELOP A STRONG
FOUNDATION FOR A
FLOURISHING LIFE**

We recognise the critical importance of meaningfully and authentically embedding wellbeing and

***POSITIVE EDUCATION
IN EVERY CLASSROOM
WITHIN EVERY SUBJECT***

We believe there is a strong connection between physical and psychological wellbeing

**THE ACT OF
MOVING IS GOOD
FOR THE BRAIN**

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Key Stakeholders of Wellbeing

WELLBEING AT CENTENARY SHS STARTS WITH OUR STAFF.

If our staff (teaching and non-teaching) experience high levels of wellbeing, our students are more likely to also experience higher levels of wellbeing

Through building positive relationships (student-student and student-staff) based on trust, calmness and respect, we believe higher levels of wellbeing and flourishing can occur

A strong partnership between school and home based on our shared understanding of wellbeing is critical to the success of our students.

**We value our
STRONG
PARTNERSHIPS
AND CONNECTIONS
with alumni
and community
members**