

CENTENARY STATE HIGH SCHOOL

Our Wellbeing Vision

The wellbeing
OF ALL
MEMBERS of
our community
is important

POSITIVE
EDUCATION
IS A
STRENGTHS-
BASED
APPROACH TO
WELLBEING

*Flourishing can be
seen as a combination
of 'feeling good,
doing good and
functioning well'*

By using our top
character strengths,
we can improve our
levels of wellbeing
and therefore
IMPROVE OUR
CAPACITY FOR
LEARNING

CENTENARY STATE HIGH SCHOOL

Domains of Wellbeing

**We believe
in leading
self and
leading
others**

**DEVELOPING
A STRONG
FOUNDATION
FOR FLOURISHING
LIFE BY TEACHING
VALUABLE
LIFE SKILLS**

**EMBEDDING
WELLBEING
AND POSITIVE
EDUCATION
IN EVERY
CLASSROOM
WITHIN
EVERY SUBJECT**

**Movement matters:
THE ACT OF
MOVING IS GOOD
FOR THE BRAIN**

CENTENARY STATE HIGH SCHOOL

Key Stakeholders of Wellbeing

**WELLBEING AT
CENTENARY SHS
STARTS WITH ALL
OF OUR STAFF**

Through building
positive relationships
(student-student,
staff-staff and
student-staff) based
on trust, kindness,
calmness and respect

*A strong partnership
between school and
home based on our
shared understanding
of wellbeing is critical
to the success of our
students*

We value our
**STRONG
PARTNERSHIPS
AND CONNECTIONS**
with alumni
and community
members